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DOING MORE WITH WORD: MICROSOFT OFFICE 2007

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View our full schedule, handouts, and additional tutorials on our website: cws.web.unc.edu

GETTING STARTED

Prerequisites:

It is assumed that the user is both familiar and comfortable with the following prior to working with Microsoft Word:

- Using the mouse and the left-click feature
- Basic navigation through Microsoft Windows
- Basic typing and keyboard commands
- Basic components of Microsoft Word
- Basic text formatting in Microsoft Word

Please let the instructor know if you do not meet these prerequisites. To download a sample document to practice these tasks, visit **www.lib.unc.edu/cws/handouts** and click on **Word Practice Document** under Doing More With Word. Ask the instructor if you need help downloading the document.

What You Will Learn:

Viewing Toolbars	Adding and Removing Buttons	Modifying Line Spacing
Creating Bulleted and Numbered Lists	Creating Tables	Formatting Columns
Formatting Margins	Adding Headers and Footers	Inserting Text Boxes
Inserting Other Graphics	Inserting Symbols	Saving Documents
Printing Documents	Finding More Help	Closing the Program

USING MICROSOFT WORD

Viewing Toolbars

We talked about many of the basic features of Word in the Microsoft Word Basics class. There are numerous other things that Word can do, and this handout will cover some of them.

In addition to the components discussed in the Basics handout (including the Title Bar, the Ribbon Menu system, the Office Button, and the Home, Insert, and Page Layout tabs), Word has many other components that you can choose to turn on and off as you wish.

There are many different toolbars available in Word, and most of them are intended to help with editing one specific thing. For example, there are toolbars for drawing shapes, formatting pictures, and working with tables and borders. In previous versions of Word, it was necessary to open or select these menus from the Title Bar. However, in Word 2007, they should all appear within the Ribbon Menu system—you just need to find them!

The trick to finding what you need in Word 2007 is to think in terms of categories. If you want to put a picture, a text box, a chart, page numbers, WordArt, a symbol, or shapes in your document, these are all things that you *insert* into your document. They are found in the **Insert** tab:



If you want to format the page margins, change indenting or spacing, format columns, or change the page orientation (e.g., from portrait to landscape), these are all things that have to do with the way the text is arranged on the page, so go to the **Page Layout** tab:



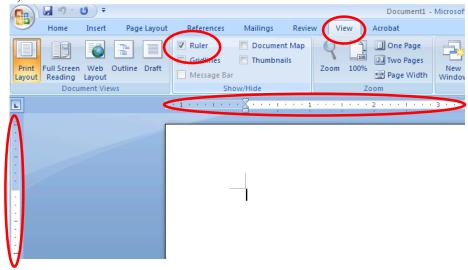
If you want to insert endnotes, footnotes, format or manage citations, or format a table of contents or index, think of these elements as **reference** materials. To access these tools, click the **References** tab:



If you like to use comments and track changes (as well as spell-check and the built-in thesaurus), think of these tools as part of the **review** process—tools used to edit and prepare documents for sharing. To access them, click the **Review** tab:



Finally, the **View** tab allows you to change the way that your document appears within the Microsoft Word window. Here you can zoom in and zoom out, change from 'Print Layout' to 'Web Layout,' or even split the screen so that you can view two different pages at once. One especially useful feature you can access in the **View** tab (which may or may not appear by default), is the **ruler**. The ruler appears at the top and left-hand side of the document, and can be used to format margins and align different elements of the page. To make the ruler visible, click the **View** tab, then check the box next to **Ruler** in the Show/Hide box.



In addition to these tabbed menu toolbars, additional, contextual tabs may appear while you're working. For example, if you insert a shape, the **Drawing Tools** tab and menu will appear. If you click on text, this tab and menu will disappear, as you can't format text with drawing tools. To make the context tab reappear, simply click on the shape again. This same principle can be applied to any context tab (e.g., a **Chart Tools** tab will appear if you insert a chart). Some contextual tabs may also have additional tabs (e.g., a **Design** tab).



If ever you can't find a menu item or tool you're used to working with from earlier versions of Word, try clicking on the small, diagonally-pointing arrow in the bottom, right-hand corner of any of the tab boxes. This will open up the larger menu in a separate window, with all available tools.



MORE TASKS IN MICROSOFT WORD

Modifying Line Spacing

Line spacing in Word refers to the amount of space between lines of text. The default in Word 2007 is 1.15 spacing, which leaves a little bit more space than single-spacing, or what you would find in a normal book. Single spacing is generally easy for the eye to read. There may be times, however, when you want to change this spacing. One common option is to double-space text:

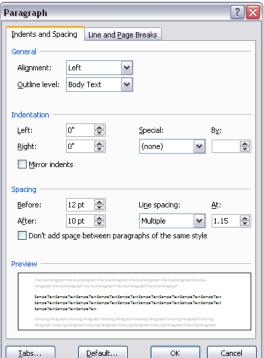
This text is double-spaced. Double-spacing is especially useful if someone else is proofreading your document. It allows for more room to write comments on the page.

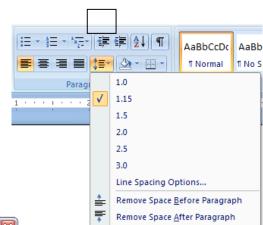
To change the line spacing:

- 1. Select text you want to format by highlighting it.
- 2. On the Home tab, click on the Line Spacing button in the Paragraph group.
- 3. Choose the spacing you want from the menu that appears.

For more options, select Line Spacing Options. In the dialog box that appears, you can choose other spacing options, including spacing between paragraphs. This can be done by changing the values in the

Before and After boxes.





Creating Bulleted and Numbered Lists

Word allows you to create lists within your document that can be organized with bullets or numbers. Lists are useful for presenting text that wouldn't make the most sense in paragraph form (for example, step-by-step instructions) or for emphasizing key points. Bullets are usually small circles at the beginning of item in a list, and numbers are used for lists that are arranged in sequential order.

Here's an example of a bulleted list:

- Bananas
- Milk
- Eggs
- Ice Cream

To create a list:

- 1. On the Home tab, select either the Bullets or Numbering buttons from the Paragraph group. If you want to choose a particular style for your bullets or numbers, click on the triangle next to the button and choose a style from the menu that appears.
- 2. You will see the first bullet or number appear on your document. Type your first line of text and then hit Enter.
- 3. Another bullet or number will appear automatically. Type your next line of text and hit Enter.
- 4. When you have finished your list, hit Enter twice to end the bullets or numbering.

To delete a bullet point or number, put your cursor to the right of the bullet and hit the Backspace key.

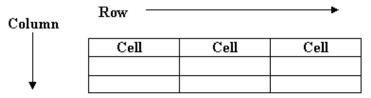
Recently Used Bullets Bullet Library None Change List Level Define New Bullet...

Creating Tables

Tables are a great way to present information in an organized format, whether that information is text or numbers.

Tables are made up of horizontal **rows** and vertical **columns**, with lines or **borders** around each column and row. A **cell** is a single box where a row and column intersect. Cells are where you put your information (text or numbers).

Here is an example of a table:



To create a table in Microsoft Word:

- 1. Select the Insert tab and click on the Table button.
- 2. Move your mouse to highlight the number of boxes to reflect the size you want your table to be (each box represents a cell). Click to create the table.

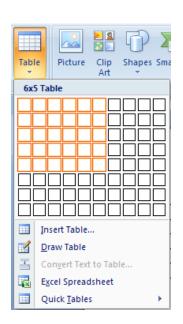
OR

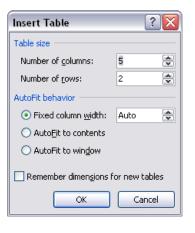
- 1. Select Insert Table from the menu that appears.
- 2. In the dialog box that appears, choose the number of columns and rows you want. Don't worry if you're not sure how many you need—you can add or delete columns and rows later.
- 3. You can change the column width under AutoFit behavior. Leaving the settings on Fixed column width and Auto will create a table that is as wide as your page.
- 4. Click OK.

Once you've created your table, you are ready to enter text! To enter text into a cell, just click inside a cell and begin typing. You can format text in a table the same way that you would format text in a paragraph (with different fonts, sizes, colors, bold, underlining, italics, alignment, etc.). Use the arrow keys to move from one cell to another.

After you've inserted a table, Word will display two new tabs at the top of the screen under the words "Table Tools": the Design tab and the Layout tab. The buttons on these tabs give you many options for formatting your table. Experiment with these buttons until your table is formatted the way you want. Don't be afraid to make a mistake—remember, you can always use the Undo feature in Word (in the upper left corner of the screen:

Experimenting is the best way to become familiar with this and other features in Word!





H Breaks ▼

Two

Three

Left

ьа- Hyphenation

Column

Design tab:



Layout tab:



Formatting Columns

Depending on the type of document you're creating, you may want your text to appear in two or more columns on the page. This style is often used in newsletters or magazines.

This is an example of text that is formatted in columns. This is an example of text that is formatted in columns. This is an example of text that is formatted in columns. This is an example of text that is formatted in columns. This is an example of text that is formatted in columns. This is an example of text that is formatted in columns. This is an example of text that is formatted in columns. This is an example of text that is formatted in columns. This is an example of text that is formatted in columns.

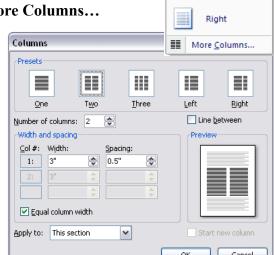
Once you've got some text entered in your document, follow these steps to put them into two or more columns:

- 1. Select the **Page Layout** tab.
- 2. Click on the **Columns** button in the **Page Setup** group.
- 3. Choose the number of columns you want from the menu that appears.

If you want more options than what is on the menu, click on More Columns...

Change the settings in the **Columns** dialog box to what you want and click **OK**.

From the Columns dialog box, you can also change other aspects of the formatting of the columns. For example, you can specify the width of the columns and the amount of space between them, you can choose to put a line between columns,



or you can select which part of your document you want to apply columns to (the whole thing or just certain sections).

When you create columns this way, the text will fill the first column from the top to the bottom of the page before wrapping to the next column. If you want your text to begin wrapping in a different place, follow these steps:

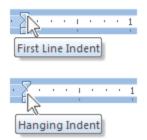
- 1. Put your cursor in the text where you want the first column to end.
- 2. On the Page Layout tab, click on the Breaks button in the Page Setup group.
- 3. Choose **Column** from the menu that appears.

Formatting columns can sometimes be tricky, but don't be afraid to experiment with it until you get your document to look the way you want. If you make a mistake, you can always start over or use the **Undo** feature in Word to undo the last command you did.

Formatting Margins

Margins are the space between the edge of the printed page, and the text. On this piece of paper, there are one-inch margins at the top, on the left and the right side, and at the bottom of the page.

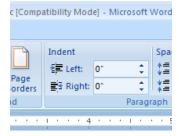
Margins can be formatted manually (by dragging the indent markers pictured below), and by entering/selecting a number/value. To adjust margins manually, you must be able to see the page rulers. These should appear at the top (below the menus) and on the left-hand side of the document. If you do not see the rulers, you can make them visible by going to the View tab and checking the box next to Ruler.



To adjust the first line of a paragraph (e.g., to indent all paragraphs by half an inch), highlight the text you would like to change, and then drag the top indent marker to the right or to the left.

To adjust the indent of lines below the first line in a paragraph (e.g., when formatting reference lists), highlight the text you would like to change, and then drag the bottom indent marker to the right or to the left.

To format margins by entering a number/value, highlight the text you wish to change, and then click the Page Layout tab, and go to the Paragraph group. You can then adjust the values for Indent by entering a number or by clicking the up and down arrow buttons.



Adding Headers and Footers

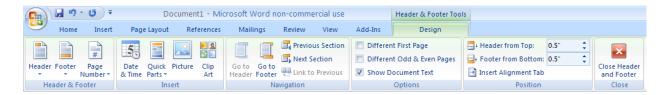
Headers and footers are sections at the top and bottom of a page, respectively, which contain information like page numbers, dates, or authors. The information in headers and footers is

usually the same for all pages of a document (for example, the author's name might appear in the upper right-hand corner of every page).

To insert a header or footer:

- 1. Select the Insert tab.
- 2. Click on the Header, Footer, or Page Number button from the Header & Footer group.
- 3. Click on the style you want from the menu that appears.
- 4. The main body of text will be grayed out and there will be boxes with dotted lines around it at the top and bottom of the page. The Header & Footer Tools tab will also appear.
- 5. Type your text into the boxes with the dotted lines.
- 6. Click "Close Header and Footer" on the menu when you are finished.

You can use the Header & Footer Tools tab to help you enter information and format your headers and footers.



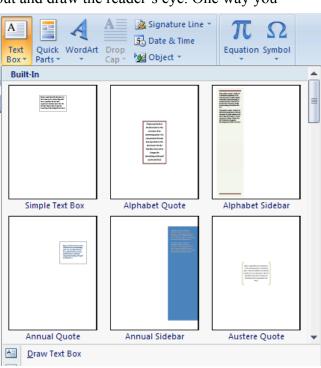
Inserting Text Boxes

If you are creating a newsletter, flyer, announcement, or other similar type of document, you might have some text that you want to make stand out and draw the reader's eye. One way you

can do this is by using a text box. Text boxes give you the flexibility to position text anywhere on the page, similar to a picture. You can also format text boxes with things like colors and borders.

To create a text box:

- 1. On the Insert tab, select the Text Box button from the Text group.
- 2. Choose the style that you want from the menu that appears. Keep in mind that you can move the box to a different part of

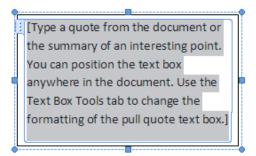


the screen or adjust its size after you choose the style.

3. The text box will appear in your document with some highlighted text. Begin typing the text you want in the box.

You can format the text inside the text box the same way that you would format other text (with different fonts, sizes, colors, bold, underlining, italics, alignment, etc.).

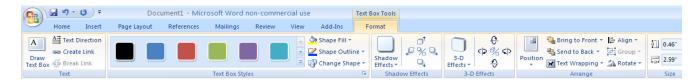
Similar to pictures or other shapes, you can resize or move your text box around the page. To



resize, hover your mouse over one of the blue circles or squares on the border. Your mouse will turn into a two-headed arrow. Left click and drag the mouse (while holding the mouse button down) until the box is the size you want. Dragging the circles in the corners will keep the proportions of the box fixed, while dragging the squares in the middle of each side will only change *either* the height *or* width of the box.

To move the box, hover your mouse over the border until it looks like a plus sign (+) with arrows. Left click and drag the mouse (while holding the mouse button down) until the box is placed where you want it.

As mentioned before, you can format the style of your text box by changing the border, color, shading, etc. You can do this by using the Text Box Tools tab that appears when you insert a text box. Experiment with the buttons on this tab until your text box looks the way you want.



Inserting Other Graphics

Word lets you style your documents with much more than just word –there are all kinds of graphics you can use to enhance your work! Many of these can be found on the Insert tab.

Shapes

Some shapes available are lines, arrows, rectangles, and ovals.

- 1. On the Insert tab, click on the Shapes button from the Illustrations group.
- 2. Your mouse will turn into a crosshair: +. Left click and drag (while holding down the mouse button) until the shape is the size you want.

You will also see a Drawing Tools tab at the top of the screen that will give you many options for formatting your shapes.

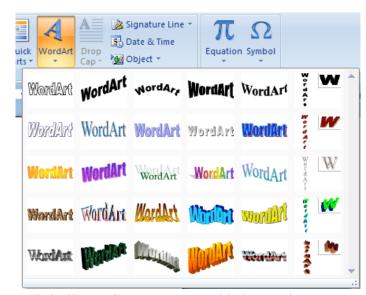


Holding down the Shift key while using the rectangle tool will create a perfect square, and holding it down while using the oval tool will create a perfect circle.

WordArt

Another tool to help you style your document is **WordArt**. Formatting WordArt is similar to formatting a picture or a text box.

- 1. On the **Insert** tab, click on the **WordArt** button from the **Text** group.
- 2. Select a style from the WordArt gallery that appears and click OK.
- 3. Enter your text into the dialog box that appears and click OK.



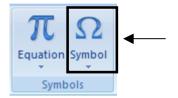
You can change the size of the WordArt you've created similar to the way you would change the size of an image. Click on the word and a box with squares in the corners will appear around it:

Hover your mouse over one of the squares until it becomes a two-headed arrow. Left click and drag the mouse (while holding the mouse button down) until the text is the size you want.

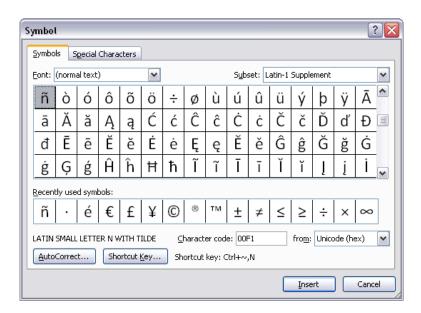
Inserting Symbols

Sometimes you may need to use a symbol that you don't normally find on a keyboard. Word has many common symbols pre-loaded for you to use, such as the copyright (©) symbol and even characters from other alphabets.

To find and insert these symbols into your document, select the **Insert** tab and click on the **Symbol** button in the **Symbols** group. If the symbol you want isn't in the dropdown menu, select **More Symbols**. Then choose the symbol you want and click **Insert**. The symbol will then appear in your document. Click **Close** when you are finished.



You can also find other special characters by clicking on the **Special Characters** tab in the Symbol dialog box.

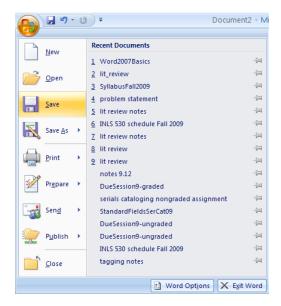


CLOSING MICROSOFT WORD

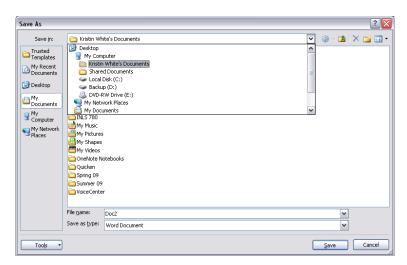
Saving Documents:

When you finish typing and want to leave the computer, it is important to save your work, even if you are printing a hard copy. To save your work in MS Word, it is essential to know WHAT you are trying to save and WHERE you are trying to save it.

Click on the **Microsoft Office Button** → then click **Save** to get started.



You can change the file name that Word has automatically chosen just by typing a new one in the "File name" box at the bottom of the window that appears.



MS Word will automatically save your document with the suffix ("extension") ".docx"—this simply lets your computer know that the file needs to be opened in Word 2007. You do not have to type this extension name—just highlight the words (the default is "Document1") and write a new file name.

As evidenced in the picture above, there are many places where you can save a file, some of which are portable and some of which are immobile.

The My Documents folder on your computer's hard drive is a good place to store your documents. A blank CD (compact disc) is a great portable storage device and can contain a LOT of data. Another good option is a USB key/thumb drive/flash drive.

Due to differences between older versions of Word and the new 2010 version, older versions of Word cannot open documents saved in Word 2010 with the suffix ".docx". If you think you might want to share your document with someone who has an older version of Word on their computer, you can save your document in a format that is compatible with older version, like ".doc".

To do this, click on the Microsoft Office button, click Save As, then choose Word 97-2003 Document.

Follow the normal steps above to name your document.

It is important to note that every following command of SAVE will overwrite your original file, creating the most up-to-date version. To save multiple versions of your document, you will need to save copies with slightly different names.

If you want to save the changed document without destroying the original one:

If you want to save the changed document without destroying the original one:

Click on the Microsoft Office Button and then click "Save As," giving your document a new file name, different from the original.

If you want to open up a saved document in Word:

Click on the Microsoft Office Button, then click Open.

Locate where the file is located on your computer and double-click on the file name of the document you want to open.



Printing Documents:

To print your MS Word document:

Click on the Microsoft Office Button, then click Print; a print preview and print options will appear. Click OK for your document to start printing.

As with all commands in MS Word, you can make changes along the way. From the Print menu, you can alter how many copies will be made, in what order the pages will be printed, etc.

As with all commands in MS Word, you can make changes along the way. From the Print menu, you can alter how many copies will be made, in what order the pages will be and much more.

Finding More Help:

You can get help with MS Word by clicking the **Question Mark Button** located in the top right corner of the window.



Tutorials are also available on the Internet. Some of them come straight from Microsoft! Of course, you can also always come and ask quick questions at the library.

Closing the Program:

Congratulations! You have completed this course in Microsoft Word Basics. As you become more and more comfortable with the program, it is always helpful to continue to experiment with options that you come across—sometimes, you can uncover a tool that would have stayed hidden—

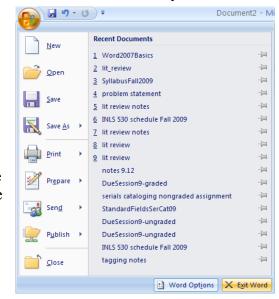
and you can improve proficiency by learning the fine details of the program. When you are finished,

Click on the Microsoft Office button → then click Exit Word.

OR

Click on the **X** in the top right corner of the computer screen.

It's that easy! If you don't save before attempting to close the program, Word will prompt you to save the file. Make sure you save if you don't want to lose any changes!!



NOTE: Images and screen captures may differ from those seen on another system.

